STORY TIME!

Fruit of the Spirit (Galatians 5:22-23)

When Jesus went to heaven, he promised to send the Holy Spirt to us. God gave us a new spirit—the Holy Spirit—to live inside us. When others see the fruit of God's spirit, they know we have God's spirit inside us. We cannot produce this fruit through our own abilities; it is produced when we allow God to work in our lives.



The fruits of the Spirit are love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control. How do these fruits look in our lives?

God wants us to love a person inside and out.
Joy means to be happy, even when we doubt.
Peace means to be calm, when things get rough.
Patience means to wait, even if it seems tough.
Kindness means to be nice and lend a helping hand.
And goodness means to do good, whenever we can.
Faithfulness means to be consistent in whatever we do.
Gentleness means be careful and tenderhearted too.
Self-control means to be in control of what we do and say.
If we use all these fruits, we are doing things God's way.

— Claire Evans

What Did You Learn?

Ask them these questions about the story:

- What does the Holy Spirit help you produce?
- What are the fruits of the spirit?
- Does the Holy Spirit live in you?

