



# THE 10 COMMANDMENTS

## Dirty Heart Clean Heart

### Activity

God wrote the 10 Commandments on two tablets of stone and gave it to the Israelites so they can see his laws and be obedient. The Israelites promised God that they would obey his laws. In this activity the children will learn that true obedience comes from the heart and we can show God our love by being obedient to him.

### Materials

Empty heart-shaped box  
Dirt

### Procedure

1. Fill the heart shaped box with dirt and close it up. (If you don't have a heart shaped box, you can use any box and attach a heart shape to it.)
2. Explain that true obedience comes from the heart. On the outside we may seem like we are obeying while inside we are not.
3. Explain that the heart (show the heart box) looks clean. It looks like it is an obedient heart. We can look like we are obeying but be really disobedient inside (open the heart to show dirt). Even though the outside of the heart was clean, inside it was full of dirt.
4. Tell the children that when our hearts are dirty like this box we are not really obeying. God wants us to have clean, obedient hearts, inside and out.
5. Talk to the children about some things that make our hearts dirty, like jealousy, lying, not putting God first, etc.

**Explanation:** Remind the children that we can show God our love by being obedient to his laws.

